

h

HORARI HALTERES

h

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
08:00	POWER DUMBELL		GAC		TBC
09:15	HATHA IOGA		HATHA IOGA		09:00 PILATES
09:30		TBC		ZUMBA	
10:30	ESQUENA SANA	BARRA PILATES	HIIT	BARRA PILATES	10:00 ORGANICS
15:00	POWER DUMBELL	ESQUENA SANA	ZUMBA	SUPER TBC	
17:15		DANSAMIL		DANSAMIL	
17:45	DANSAMIL		DANSAMIL		
18:00	18:00 BARRA PILATES	18:00 BARRA PILATES	17:45 BARRA WORKOUT	18:00 BARRA PILATES	18:15 DANSAMIL
		18:15 DANSAMIL	18:45 ZUMBA	18:15 DANSAMIL	
19:00	19:00 TONO WOMAN	19:15 TONO WOMAN	19:30 HATHA IOGA	19:15 HIIT	
20:00	19:45 HATHA IOGA	20:00 HIIT PILATES		20:00 ESQUENA SANA	

DE DILLUNS A DIVENDRES OBERT DE **08:00 A 12:30** I DE **15:00 A 21:00**
(**DIVENDRES** DE **17:00 A 20:00**)

***OBLIGATORI APUNTAR-SE SETMANALMENT AL HIIT PILATES DELS DIMARTS 20:00H**

